



# GPA CERTIFIED COACH TRAINING WORKSHOP COMING TO WHITEHORSE!

## WHAT IS THE GOAL OF GPA?

Gentle Persuasive Approaches (GPA®) is an influential person-centred and compassionate approach that teaches healthcare workers how to respond respectfully and with confidence and skill to the responsive behaviours associated with dementia.

## WHAT DOES A GPA® CERTIFIED COACH DO?

Following certification, coaches lead GPA staff education sessions and provide GPA-based support to those who work or study in the field of dementia and geriatric care. GPACertified Coaches must complete and track a minimum of 40 coaching hours over 2 years.

- ✓ 7.5-hour GPA Basics sessions
- ✓ 2-hour GPA-Recharged (a GPA refresher session)
- ✓ Up to 10 hours can be continuing education and/or informal coaching sessions

**Register  
Soon!**

**Monday February, 25 & Tuesday February, 26**  
**109 Copper Rd., Whitehorse YT Y1A 2Z7**

**PROGRAM FEE: \$800** (plus applicable taxes) includes ALL course materials, continental breakfast, lunch and snacks.

## AGENDA

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| <p>Day 1 (8:00 a.m - 5: 00 p.m.)</p> <ul style="list-style-type: none"> <li>• Registration, and self-reflection activities</li> <li>• Introduction to Personhood             <ul style="list-style-type: none"> <li>• Brain and Behaviour</li> </ul> </li> <li>• Interpersonal Environment</li> <li>• Gentle Persuasive Techniques             <ul style="list-style-type: none"> <li>• Practice Facilitation</li> </ul> </li> <li>• Discussion of Day 2 objectives</li> </ul> | <p>Day 2 (8:00 a.m - 5: 00 p.m.)</p> <ul style="list-style-type: none"> <li>• Practice Facilitation Preparation</li> <li>• Practice Facilitation Sessions</li> <li>• Overview of GPA® Certified Coach Resources</li> <li>• Adult Learning Principles Activity and Discussion</li> <li>• GPA Administration Overview</li> </ul> |
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**To register visit [www.ageinc.ca](http://www.ageinc.ca)**

**Contact: AGE Customer Service 905 777 3837 x12506**

**or [info@ageinc.ca](mailto:info@ageinc.ca)**



**Gentle  
Persuasive  
Approaches**



**Advanced Gerontological  
Education**