

Gentle Persuasive \_ Approaches Toronto!

# **Coming to**



## **GPA®** Certified Coach Training Workshop

### WHAT IS THE GOAL OF GPA°?

Gentle Persuasive Approaches (GPA®) is an influencial personcentred and compassionate approach that teaches health care workers how to respond respectfully and with confidence and skill to the responsive behaviours associated with dementia.

## WHAT DOES A GPA® CERTIFIED COACH DO?

Following certification, coaches lead GPA staff education sessions and provide GPA-based support to those who work or study in the field of dementia and geriatric care. GPA Certified Coaches are required to teach a minimum of 40 hours over 2 years to maintain their certification. At least 30 of those teaching hours must include:

- 7.5-hour GPA Basics sessions
- 2-hour GPA-Recharged (a GPA refresher session)
- Up to 10 hours can be continuing education and/or informal coaching sessions

## WHEN? Thursday, November 1 & Friday November 2. Register Soon! Workshops fill up quickly

#### **AGENDA**

Day 1 (8:00 a.m - 5: 00 p.m.)

- Registration, pre-evaluation and self-reflection activities
- Introduction to Personhood
- Brain and Behaviour
- Interpersonal Environment
- Gentle Persuasive Techniques
- Practice Facilitation assignment
- Discussion of Day 2 objectives

Day 2 (8:00 a.m - 5:00 p.m.)

- Practice Facilitation Preparation
- Practice Facilitation Sessions
- Overview of GPA® Certified Coach Resources
- Adult Learning Principles Activity and Discussion
- Promoting a Culture of Safety through GPA
- GPA Administration Overview

## To register visit www.ageinc.ca

Contact: Paula DiLoreto 905 777 3837 x12506 or diloretop@hhsc.ca

### PROGRAM FEE

\$800 (plus applicable taxes) includes: ✓ All program materials/matériaux de formation en français ✓ Continental breakfast, lunch, snacks

**WHERE: Kensington Gardens** 25 Brunswick Ave.

