



**Gentle  
Persuasive  
Approaches**

**Coming to  
St. John's!**

**AGE**

Advanced Gerontological  
Education

## GPA® Certified Coach Training Workshop

### WHAT IS THE GOAL OF GPA®?

Gentle Persuasive Approaches (GPA®) is an influential person-centred and compassionate approach that teaches health care workers how to respond respectfully and with confidence and skill to the responsive behaviours associated with dementia.

### WHAT DOES A GPA® CERTIFIED COACH DO?

Following certification, coaches lead GPA staff education sessions and provide GPA-based support to those who work or study in the field of dementia and geriatric care.

GPA Certified Coaches are required to teach a minimum of 40 hours over 2 years to maintain their certification. At least 30 of those teaching hours must include:

- ✓ 7.5-hour GPA Basics sessions
- ✓ 2-hour GPA-Recharged (a GPA refresher session)
- ✓ Up to 10 hours can be continuing education and/or informal coaching sessions

**WHEN? Wednesday, October 10 & Thursday October 11.  
Register Soon! Workshops fill up quickly**

### AGENDA

#### Day 1 (8:00 a.m - 5: 00 p.m.)

- Registration, pre-evaluation and self-reflection activities
- Introduction to Personhood
- Brain and Behaviour
- Interpersonal Environment
- Gentle Persuasive Techniques
- Practice Facilitation assignment
- Discussion of Day 2 objectives

#### Day 2 (8:00 a.m - 5: 00 p.m.)

- Practice Facilitation Preparation
- Practice Facilitation Sessions
- Overview of GPA® Certified Coach Resources
- Adult Learning Principles Activity and Discussion
- Promoting a Culture of Safety through GPA
- GPA Administration Overview

To register visit [www.ageinc.ca](http://www.ageinc.ca)

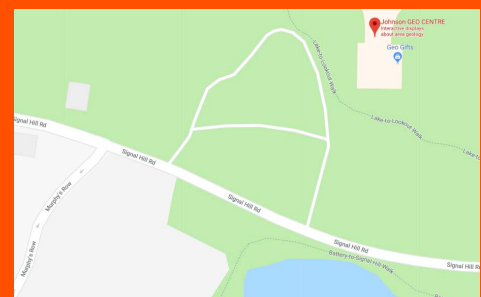
Contact: Paula DiLoreto 905 777 3837 x12506 or dilorettop@hsc.ca

### PROGRAM FEE

**\$800** (plus applicable taxes) includes:

- ✓ All program materials/matériaux de formation en français
- ✓ Continental breakfast, lunch, snacks

**WHERE: Johnson Geo Centre  
175 Signal Hill Road**



### Cancellation Policy

Cancellations received up to 2 weeks prior to the workshop will be granted a full refund. Cancellations received within 2 weeks of the workshop will be subject to a \$150 charge.

No refunds will be granted within 48 hours of start of workshop. Participants who do not cancel their registration and do not attend the workshop are still liable for the full workshop fee.