# GPA CERTIFIED COACH TRAINING WORKSHOP COMING TO VICTORIA!

## What is the goal of GPA?

Gentle Persuasive Approaches (GPA®) is an influencial person-centred and compassionate approach that teaches healthcare workers how to respond respectfully and with confidence and skill to the responsive behaviours associated with dementia.

November 25-26, 2019

# Register

- · www.ageinc.ca
- diloretop@hhsc.ca
- 905 777 3837 x12506 (Paula DiLoreto)

Sandman Hotel Victoria

2852 Douglas St., Victoria, BC

#### What does a GPA Certified Coach do?

Following certification, coaches lead GPA staff education sessions and provide GPA-based support to those who work or study in the field of dementia and geriatric care. GPA Certified Coaches must complete and track a minimum of 40 coaching hours over two years.

## Day 1

8:00 am - 5:00 pm

- Registration
- Self-reflection activities
- · Introduction to Personhood
- · Brain and Behaviour
- Interpersonal Environment
- Gentle Persuasive Techniques
- Practice Facilitation
- Discussion of Day 2 Objectives

### Day 2

8:00 am - 5:00 pm

- Practice Facilitation Preparation
- Practice Facilitation Sessions
- Overview of GPA® Certified Coach Resources
- Adult Learning Principles Activity and Discussion
- GPA Administration Overview

# **Program Fee**

\$800 + applicable taxes. The fee includes all course materials, continental breakfast, lunch and snacks.



