BILINGUAL GPA CERTIFIED COACH TRAINING WORKSHOP COMING TO FREDERICTON, NEW BRUNSWICK

What is the goal of GPA?

Gentle Persuasive Approaches (GPA®) is an influential person-centred and compassionate approach that teaches healthcare workers how to respond respectfully and with confidence and skill to the responsive behaviours associated with dementia.



What does a GPA Certified Coach do?

Following certification, Coaches lead GPA staff education sessions and provide GPA-based support to those who work or study in the field of dementia and geriatric care. GPA Certified Coaches must complete and track a minimum of 40 coaching hours over two years.

Day 1

8:00 am - 5:00 pm

- Registration
- Self-reflection activities
- Introduction to Personhood
- Brain and Behaviour
- Interpersonal Environment
- Gentle Persuasive Techniques
- Practice Facilitation
- Discussion of Day 2 Objectives

Day 2

8:30 am - 4:30 pm

- **Practice Facilitation Preparation**
- **Practice Facilitation Sessions**
- Overview of GPA[®] Certified Coach Resources
- Adult Learning Principles Activity and Discussion
- **GPA** Administration Overview

Program Fee

\$1,100 + applicable taxes. The fee includes all course materials, continental breakfast, lunch and snacks. Price does not include the cost of GPA eLearning (prerequisite)

Questions? Workshops@ageinc.ca



Advanced Gerontological Education

