

# GPA CERTIFIED COACH TRAINING WORKSHOP COMING TO HAMILTON, ONTARIO

## What is the goal of GPA?

Gentle Persuasive Approaches (GPA®) is an influential person-centred and compassionate approach that teaches healthcare workers how to respond respectfully and with confidence and skill to the responsive behaviours associated with dementia.

## What does a GPA Certified Coach do?

Following certification, coaches lead GPA staff education sessions and provide GPA-based support to those who work or study in the field of dementia and geriatric care. GPA Certified Coaches must complete and track a minimum of 40 coaching hours over two years.

**February  
4 & 5 | 2020**

**Courtyard Marriott  
Hamilton  
1224 Upper James Street  
Room :Lancaster 'A'  
Hamilton, ON  
L9C 3B1**

## Register

- [www.ageinc.ca](http://www.ageinc.ca)
- [dilorettop@hhsc.ca](mailto:dilorettop@hhsc.ca)
- 905 777 3837 x12506  
(Paula DiLoreto)

## Day 1

8:00 am - 5:00 pm

- Registration
- Self-reflection activities
- Introduction to Personhood
- Brain and Behaviour
- Interpersonal Environment
- Gentle Persuasive Techniques
- Practice Facilitation
- Discussion of Day 2 Objectives

## Day 2

8:00 am - 5:00 pm

- Practice Facilitation Preparation
- Practice Facilitation Sessions
- Overview of GPA® Certified Coach Resources
- Adult Learning Principles Activity and Discussion
- GPA Administration Overview

## Program Fee

\$800 + applicable taxes. The fee includes all course materials, continental breakfast, lunch and snacks.

**AGE**

Advanced Gerontological  
Education



Gentle  
Persuasive  
Approaches