



GPA CERTIFIED COACH TRAINING WORKSHOP COMING TO OTTAWA!

WHAT IS THE GOAL OF GPA?

Gentle Persuasive Approaches (GPA®) is an influential person-centred and compassionate approach that teaches healthcare workers how to respond respectfully and with confidence and skill to the responsive behaviours associated with dementia.

WHAT DOES A GPA® CERTIFIED COACH DO?

Following certification, coaches lead GPA staff education sessions and provide GPA-based support to those who work or study in the field of dementia and geriatric care. GPACertified Coaches must complete and track a minimum of 40 coaching hours over 2 years.

- ✓ 7.5-hour GPA Basics sessions
- ✓ 2-hour GPA-Recharged (a GPA refresher session)
- ✓ Up to 10 hours can be continuing education and/or informal coaching sessions

**Register
Soon!**

Thursday, March 21 & Friday, March 22
Metropolitan Bible Church
2176 Prince of Wales Dr, Nepean, ON K2E 0A1

PROGRAM FEE: \$800 (plus applicable taxes) includes ALL course materials, continental breakfast, lunch and snacks.

AGENDA

- | | |
|---|---|
| Day 1 (8:00 a.m - 5: 00 p.m.) | Day 2 (8:00 a.m - 5: 00 p.m.) |
| <ul style="list-style-type: none">• Registration, and self-reflection activities• Introduction to Personhood<ul style="list-style-type: none">• Brain and Behaviour• Interpersonal Environment• Gentle Persuasive Techniques<ul style="list-style-type: none">• Practice Facilitation• Discussion of Day 2 objectives | <ul style="list-style-type: none">• Practice Facilitation Preparation• Practice Facilitation Sessions• Overview of GPA® Certified Coach Resources• Adult Learning Principles Activity and Discussion• GPA Administration Overview |

To register visit www.ageinc.ca

Contact: Paula DiLoreto 905 777 3837 x12506 or dilorettop@hhsc.ca



Gentle
Persuasive
Approaches



Advanced Gerontological
Education