GPA CERTIFIED COACH TRAINING WORKSHOP IN OTTAWA (NEPEAN), ON

What is GPA?

Gentle Persuasive Approaches (GPA®) is an influential person-centred and compassionate approach that teaches healthcare workers how to respond respectfully and with confidence and skill to the responsive behaviours associated with dementia.

April 21st
& 22nd

Cityview United
Church
6 Epworth Avenue
Nepean, ON
K2G 2L5

Go to the **Education Calendar** on the front page of our website at **www.ageinc.ca**

Prerequisite: Completion of GPA Basics or GPA eLearning.

Have questions? Email info@ageinc.ca

What does a GPA Certified Coach do?

Following certification, coaches lead GPA staff education sessions and provide GPA-based support to those who work or study in the field of dementia and geriatric care. GPA Certified Coaches must complete and track a minimum of 40 coaching hours over two years.

Day 1

8:00 am - 5:00 pm

- Registration
- Self-reflection activities
- · Introduction to Personhood
- · Brain and Behaviour
- Interpersonal Environment
- Gentle Persuasive Techniques
- Practice Facilitation
- Discussion of Day 2 Objectives

Day 2

8:00 am - 5:00 pm

- Practice Facilitation Preparation
- Practice Facilitation Sessions
- Overview of GPA® Certified Coach Resources
- Adult Learning Principles Activity and Discussion
- · GPA Administration Overview

Program Fee

\$800 + applicable taxes. The fee includes all course materials, continental breakfast, lunch and snacks.



