

Gentle Persuasive Approaches

Coming to Barrie!



GPA[®] Certified Coach Training Workshop

WHAT IS THE GOAL OF GPA?

Gentle Persuasive Approaches (GPA) is a person-centred and compassionate approach that teaches health care workers how to respond respectfully and with confidence and skill to the responsive behaviours associated with dementia.

WHAT DOES A GPA® CERTIFIED COACH DO?

Following certification, coaches lead GPA staff education sessions and provide GPA-based support to those who work or study in the field of dementia and geriatric care.

GPA Certified Coaches are required to teach a minimum of 40 hours over 2 years to maintain their certification. At least 30 of those teaching hours must include:

- √ 7.5-hour GPA Basics sessions
- ✓ 2-hour GPA-Recharged (a GPA refresher session)
- ✓ Up to 10 hours can be continuing education and/or informal coaching sessions

WHEN? Wednesday, January 24th & Thursday, January 25th Register Soon! Workshops fill up quickly

AGENDA

Day 1 (8:00 a.m - 5: 00 p.m.)

- Registration, pre-evaluation and self-reflection activities
- Introduction to Personhood
- Brain and Behaviour
- Interpersonal Environment
- Gentle Persuasive Techniques
- Practice Facilitation assignment
- Discussion of Day 2 objectives

Day 2 (8:00 a.m - 5: 00 p.m.)

- Practice Facilitation Preparation
- Practice Facilitation Sessions
- Overview of GPA® Certified Coach Resources
- Adult Learning Principles Activity and Discussion
- Promoting a Culture of Safety through GPA
- GPA Administration Overview

To register visit www.ageinc.ca

Contact: Paula DiLoreto 905 777 3837 x12506 or diloretop@hhsc.ca

PROGRAM FEE

\$800 (plus applicable taxes) includes: ✓ All program materials/matériaux de formation en français ✓ Continental breakfast, lunch, snacks

WHERE: Monte Carlo Inn
81 Hart Drive Barrie, ON

